# Academic Skills

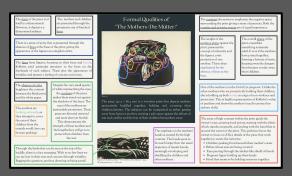
Gaya Pyne-Ergo

### Transfer

I take English Literature and Visual Arts at the Higher Level for my IB program. In most cases people, myself included, are aware of literature's standing as a medium of art, however it was not until I started the IBDP that I came to realize just how interdisciplinary their required skill sets are. During the transition from year 12 to 13, I was simultaneously working on my Comparative study for art and my extended essay in English. These are both assignments that require a great deal of close analysis; breaking down the literary or visual techniques/choices of author and artist. While I was accustomed to analytically writing about works of literature, I was not confident doing so for pieces visual art. However, by working on these assignments at the same time, I came to realize that the skills required are exactly the same. Whether investigating circular narrative structure or the use of negative space, the same process of of critical examination then evaluating the impact of stylistic choices must be undertaken. By reframing the way I approached the analysis of art to follow my method of analysing literature, I found that my observations became much more perceptive and I was able to appreciate the works I was studying significantly more. While I had initially considered the analysis of formal artistic qualities to be tedious and surface-level, I now find in it the same joy I find while writing about literature.

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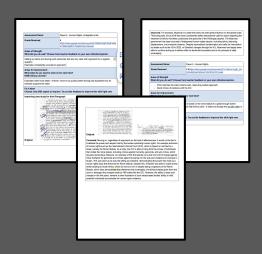
Analysis of Baldwin and Viong's use of memory and identity in *Giovanni's Room* and *On Earth We're Briefly Gorgeous* (page 9 of 18)



Analysis of formal qualities of the piece "The Mothers" by Kathe Kollwitz (slide 4 of 19)

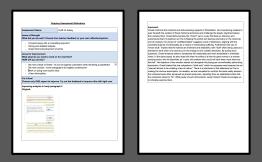
### Reflection

In my time at NIST one of the things I am most grateful for has been the emphasis on reflection as a means of improving academically. While this is a skill that was extremely prevalent during the MYP I have noticed its benefits significantly more doing the IBDP program. In my Global Politics class, my teacher made us an "Ongoing Assessment Reflection Document" at the beginning of year 12 that I continue to use nearing the end of senior year. In addition to being a valuable tool for tracking my progress over the past two years, this document has allowed me to understand then address my areas of weakness in the subject. After every assessment I note down the strengths and weaknesses of my work, then I highlight a specific area for improvement and act on it/redo it. I find that celebrating the strengths of assignments has also surprised me in it's helpfulness as I have become much more confident in my abilities and am aware of skills or knowledge that I need to continue to tap into. Because of how effective this method of reflection proved to be for me, I began to use a similar document for my other essay-based subject: English Literature. In doing so I have become much more attuned to areas that I consistently struggle with and have been able to work to improve them. This has made me considerably better writer. For example, I often fell into the trap of describing rather than analysing, whereas now, I no longer have this issue as I have dedicated time to improving old work.



Global Politics - Ongoing Assessment Reflection

Document

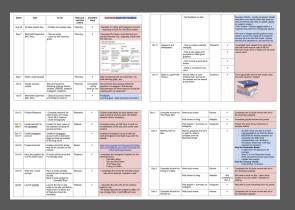


English Lit - Ongoing Assessment Reflection

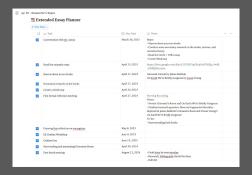
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# Organization

A skill I was able to bring from MYP to IB was that of organization, in particular for long-term projects. In the MYP my personal project was a book review blog that promoted marginalized literature. There were many aspects that went into this project as I had to create my own website, read books, write reviews, and start a social media presence for the blog. Because of this, planning was a critical aspect of staying on top of my project. This was an extremely helpful lead up to the IB extended essay (in English), an assignment that also involved many elements including reading and annotating my books, secondary research, planning, and then, of course, actually writing my essay. When doing my personal project I had two methods of staying on top of work which included creating a table that detailed all the tasks I had to complete and gave me space to reflect on them, the other was using Google Calendars to set reminders. Between year 11 and 12, I discovered the application Notion which is a very helpful tool for planning. Using Notion I was able to use the same methods I used for my personal project, only they were combined (Notion can also notify when a task is "due"). The multifaceted nature of both projects, from conducting research to managing deadlines, required planning and effective time management. I found that having had experience with this prior to working on my EE was extremely beneficial for my work and my own work-life balance.



#### Personal Project - Planner



## How have I grown as a result of these skills?

- Developing the the ability to transfer academic skills between my subjects has given me the room to expand my understanding and appreciation of both literature and visual arts, fostering a deeper connection with different mediums of creative expression.
- The practice of reflection, instilled through my experiences at NIST and a consistent method for reflecting, has been instrumental in my academic growth and success across various subjects, empowering me to identify and address areas of weakness, celebrate strengths, and continually strive for improvement.
- The proficiency in organization acquired through managing long-term projects, such as my personal project and extended essay, has not only been instrumental in academic endeavors but has also laid a foundation for maintaining productivity and balance in various aspects of life beyond the classroom.