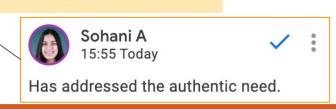
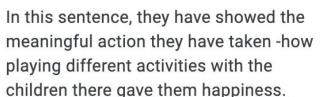


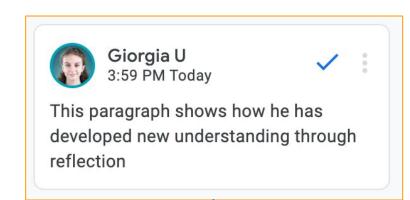
Last December (2017), I went to a hill tribe in the province of Naan which lacks the basic human needs. During my time there, I saw many people lacking the proper healthcare required to stay healthy. For example, one patient had lost his vision for 2 months. Without knowing the reasons, he would be permanently blind. With proper healthcare, his eyesight might've been perfectly fine. Because of this trip with my friends, we organized to go to the hill tribe again in December of this year to provide an annual healthcare check to make sure that they at least have basic healthcare.

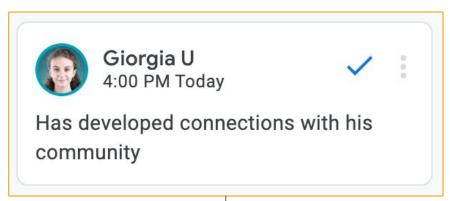




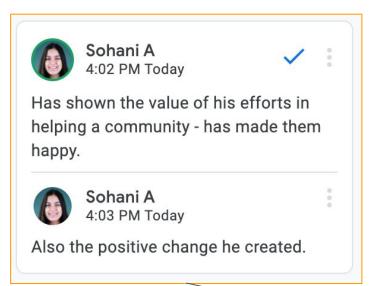


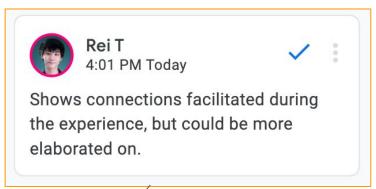
Furthermore, during my visit to the village, different activities, such as football, arcade games, and Thai classical games, were also organized. Although there was not much equipment, all of the kids in the village had fun. This made me realize how happiness does not come from inanimate objects, but instead, from spending time with the people you enjoy being with. While playing football, I also realized how talented they were without having a coach and proper equipment. From being part of many activities, I learned what worthless money really is, and how passion and love are much more important than money alone.





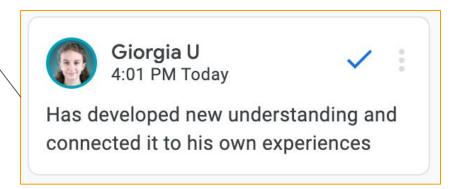
Going on this trip made me realize how fortunate I am to be in the situation I am in. It also made me aware of the world's disparities in different places with some places being overly developed, while others are left undeveloped without proper needs catered for them. Living in Bangkok only shows the developed world around me, while going to visit places like this hill tribe introduces a different aspect, completely conflicting the environment I am familiar with. The things that I take for granted are not provided for these people. For example, healthcare, choices of food, access to warm water, and proper shelter are not guaranteed in their situation.

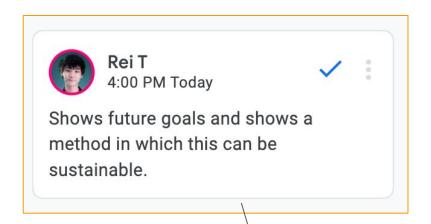




Going on this trip made me realize my potential for making people happy. Although a small gesture from my friends and me, the kids in the hill tribe really appreciated our help. One memory that I will forever remember is how much they cherish a pair of shoes I wasn't able to wear anymore. Although they had holes, and were dirty, that kid cherished it like how I would cherish a brand new pair.

Being in an international school, meeting kids without proper education opened up my perspective on the world as a whole by getting to experience the hardships of being in an unfortunate environment first hand. It made me realize the importance of education in one society, how education allows societies to develop and grow into the modern age of technology.





Further plans of helping this community includes visiting this hill tribe again in April of 2019. Same processes will be undergone, including medical checks, fun games, etc. However, the main purpose for this time's visit is to discuss with teachers on that hill tribe about what can be improved educationally. My friends and I are also interested in creating a service group which helps them and allows them to make a constant income doing a certain job that can help their environment and/or their society. Current ideas include modernising their silk designs and vegetable planting.

## Overall Feedback:

- Have evidence of serving the community (Photos/videos etc.)
- Should show sustained commitment more clearly (2 semesters of continued engagement)
- Should discuss how the action taken has given a direct impact on the community, relating back to the authentic need.
  - How the action he took improved healthcare (authentic need)?
  - Specific examples of how the action improved others' lives could be helpful
- Elaborate more on what connections you had made
  - O How did you find the community to work with?
  - Specific examples of encounters you've had which created the connections.
- Think beyond the experience How has it changed you as a global citizen?
  - How will you think and act differently as a result of your experience.